## Waukesha 4-H Project Guide

Category: Plant & Soil Sciences



4/2021

4-H Project Fruits & Vegetables	Subprojects under this project      Fruits     Vegetables     Herbs
Things you might learn in this project:	<ul> <li>Types of herbs</li> <li>Growing regions</li> <li>Planting schedules</li> <li>Gardening skills- weeding, pest control</li> <li>Harvesting</li> </ul>
Learning activities/ workshops/ field trip ideas:	<ul> <li>Tour a farmers market</li> <li>Tour a greenhouse</li> <li>Visit a grocery store produce department manager</li> <li>Interview a master gardener</li> <li>Plant a backyard vegetable garden</li> <li>Visit an apple orchard</li> <li>Start seedlings and plant them</li> <li>Plant a dish herb garden</li> </ul>
Ideas of things you might exhibit in the fair:	<ul> <li>Poster on parts of a fruit</li> <li>Potted herb dish garden</li> <li>Any plate of vegetables/fruit</li> <li>Poster or display relating to gardening</li> <li>Photo story related to gardening</li> <li>Poster explaining pruning fruit trees</li> <li>Garden box of 4 or 6 vegetable varieties</li> <li>Poster or display on uses of herbs</li> </ul>
Waukesha County Project Leaders:	•
References & Resource links:	<ul> <li>https://4-h.org/parents/curriculum/food-science/#!fruits-vegetables</li> <li>https://fyi.extension.wisc.edu/wi4hprojects/plant-soil-sciences/vegetables/</li> <li>https://fyi.extension.wisc.edu/wi4hprojects/plant-soil-sciences/fruits/</li> <li>https://www.dhs.wisconsin.gov/wic/fmnp/food-chart.htm</li> <li>https://www.dhs.wisconsin.gov/publications/p0/p00341.pdf</li> <li>https://extension.purdue.edu/Lake/article/18977</li> </ul>